

University of British Columbia
Faculty of Medicine Abbreviated Curriculum Vitae

Date: February 2006

Initial: _____

1. SURNAME: Watterson

FIRST NAME: John

MIDDLE NAME(S): Robert

2. DEPARTMENT/SCHOOL (if known): Internal Medicine, Division of Rheumatology

3. FACULTY: *Medicine*

4. PRESENT RANK (if known): Clinical Assistant Professor **SINCE:** 2000

5. POST-SECONDARY EDUCATION
(a)

University or Institution	Degree	Subject Area	Dates
University of British Columbia	BSc	Microbiology	1987-1991
University of British Columbia	MD		1991- 1995

(b) Continuing Education/Training

University or Institution	Rank or Title	Dates
University of British Columbia	Internal Medicine PGY-1	1995- 96
University of British Columbia	Internal Medicine PGY-2	1996- 97
University of British Columbia	Internal Medicine PGY-3	1997-98
University of British Columbia	Rheumatology Fellow	1998-99
University of British Columbia	Senior Rheumatology Fellow	1999-00

(c) Professional Qualifications: (*eg. FRCP, etc.*)

2000 FRCP Internal Medicine

2001 FRCP Rheumatology

6. EMPLOYMENT RECORD

Prior

University, Hospital or Organization	Rank or Title	Dates
Mount St. Joseph's Hospital, Burnaby BC	Staff Physician	1997- 2001
St. Vincent's Hospital, Vancouver BC	Staff Physician	1997- 2001
St. Mary's Hospital, Vancouver BC	Staff Physician	1997- 2001

Present

University, Hospital or Organization	Rank or title	Dates
University of British Columbia	Clinical Instructor	2000 - Present
Vancouver General Hospital	Active Clinical Staff	2000 - Present
University Hospital	Active Clinical Staff	2000 - Present
GF Strong Rehabilitation Centre	Staff Rheumatologist	2000 - Present
GF Strong Rehabilitation Centre	Medical Director Arthritis Program	2002 - Present
Arthritis Society Traveling Consultative Service (Cranbrook, BC)	Medical Consultant	2000 - Present
Industrial Alliance Assurance Company	Medical Director	2002 - Present

7. TEACHING

(a) Areas of special interest and accomplishments

(b) Continuing Education Activities (list dates) (*CME lectures, etc.*)

Courses Taught At UBC:

Course Description	Dates	# Students	Hrs.	
PBL – Musculoskeletal Block	Sept – Oct 1998	10	12	
PBL –	Sept – Oct 1999	9	12	

Musculoskeletal Block				
Med 2 Clinical Skills Musculoskeletal Block	2000	8	8	
Med 2 Clinical Skills Musculoskeletal Block	2001	8	8	
Med 2 Clinical Skills Musculoskeletal Block	2002	8	8	
Med 2 Clinical Skills Musculoskeletal Block	2003	8	8	
Med 2 Clinical Skills Musculoskeletal Block	2004	8	8	
Med 2 Clinical Skills Musculoskeletal Block	2005	8	6	
Rheumatology Fellows Radiology sessions	2003 - present	3 - 6	1 weekly	

Office Supervision of Medical Students / Medical Residents / Rheumatology Fellows

Trainee	Rank	Dates	Total Hrs.
Lisa Callier	Med 4	Sept 2002	96 (4 weeks @ 24 hr/wk)
Adam White	Med 4	Oct 2002	96 (4 weeks @ 24 hr/wk)
Andrew Thompson	PGY5 (senior Rheumatology fellow)	May 2003 Cranbrook Travelling Consultative Service (TCS)	20
David Collins	PGY5 (senior Rheumatology fellow)	May 2004 Cranbrook TCS	20
Raheem Kerani	PGY5 (senior Rheumatology fellow)	Jan 2005 Cranbrook TCS	20
Fayez Al-Harathi	PGY-5	April 2005 Cranbrook TCS	20
Shelter Lee	PGY-2 (Family Practice)	Jan / Feb 2006	110
Laurie Le Bel	PGY-2 (Family Practice)	May 2006	60

Ward Supervision of Medical Students / Medical Residents / Rheumatology Fellows

One or 2 months per year I am the 'Rheumatologist of the Month' for Vancouver Hospital. This entails direct supervision of a team including a rheumatology fellow, 1 or 2 internal medicine residents, 1 or 2 medical students (usually 3rd year Clinical Clerks), and often a resident from the division of Physiatry or podiatry. The team sees all hospital consults which I review with them (average of 5 – 7 consults per week). As a team we round on all patients followed in the hospital by the Rheumatology Service Tuesday and Friday mornings (average of 5 – 15 patients followed at any one time). Patients triaged by the Emergency Department to my office are seen by the resident or fellow and reviewed by myself (average of 1 or 2 consults per week). Friday mornings also end with a 'walkabout' with other fellows and rheumatology staff attending weekly presentations of an interesting case.

I estimate the time spent reviewing new patients / rounding on the service / and bedside teaching (usually focused on the patients being presented) to be 10 – 15 hrs. weekly.

'Rheumatologist of the Month' averages 6 weeks annually.

Supervision of Rheumatology Fellows at GF Strong Arthritis Inpatient Service

All Rheumatology Fellows spend 2 months of their training at GF Strong Centre. This is an inpatient service focusing upon the rehabilitation of clients with severe rheumatoid arthritis. Approximately 50% of these patients are post-operative from orthopedic procedures. Approximately 20% are afflicted with other rheumatic illnesses including poly / dermatomyositis, systemic lupus erythematosus, systemic sclerosis and various forms of vasculitis. The trainee is responsible for admissions, discharges and all day to day care of a 21 bed ward. New patients are reviewed with staff as are any significant medical concerns. **I perform bedside rounds twice weekly and informal teaching sessions once weekly.**

Trainee	Rank	Dates	Hrs.
Kimberly Northcott	PGY5 (senior Rheumatology fellow)	Sept – Oct 2002	7 hrs/ week
David Collins	PGY5 (senior Rheumatology fellow)	July - Aug 2003	7 hrs/ week
Andrew Thompson	PGY5 (senior Rheumatology fellow)	Sept – Oct 2003	7 hrs/ week
Mohamed Al Marzouqi	PGY4 (junior rheumatology fellow)	July – August 2004	7 hrs/ week
Raheem Kerhani	PGY5 (senior Rheumatology fellow)	Sept – Oct 2004	7 hrs/ week
Jennifer Reynolds	PGY4 (junior rheumatology fellow)	Nov – Dec 2004	7 hrs/ week
Jason Kur	PGY4(junior rheumatology fellow)	May – June 2005	7 hrs./week
Saleem Khashan	PGY-4	Nov – Dec 2005	7 hrs. /week
Abdul Al-Rashidi	PGY-4	Mar – April 2006	7 hrs. / week

(c) **Other** (Includes non-UBC teaching)

8. SCHOLARLY AND PROFESSIONAL ACTIVITIES

(a) Areas of special interest and accomplishments

Percentage of overall time devoted to:

Non-clinical instruction	5%
Clinical instruction	10%
Research/publication/clinical trials	3%
Administration	2%
Clinical practice	70%
Other – CME / Private Consulting	10%

(b)+(c) **Research or equivalent grants/contracts (indicate whether grants were obtained competitively (C) or non-competitively (NC))**

Granting Agency	Subject	C/NC	\$ Per Year	Year	Principal Investigator	Co-Investigator(s)
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Anika	A RCT of Orthovisc (a viscosupplement) versus saline injection for symptomatic osteoarthritis of the knee – MOVE Trial	NC		1999	J Wade	Multiple sites
Merck Frosst	A RCT of switching to rofecoxib from alternate NSAID in the symptomatic control of osteoarthritis of the hip or knee	NC		2000	Merck Frosst	Multiple sites J. Watterson (VCR)
Amgen	An open label phase 4 trial of the efficacy and compliance with once daily injections of Anakinra	NC		2002	Amgen	Multiple sites J. Watterson (VCR)
Merck Frosst	An open labeled observational trial to evaluate the effectiveness of rofecoxib in patients with rheumatoid arthritis	NC		2003	Merck Frosst	Multiple sites J. Watterson (VCR)

(d) Invited Presentations

	Presentation	Location	Date
1	The Role of Intermittent Pulsed Cyclophosphamide in the Treatment of treatment of Refractory Rheumatoid Arthritis: Two Case Reports and a Review of the Literature.	Lake Louise, Alberta Canadian Rheumatology Association Annual Meeting	February 2000.
2	Cases of Retroperitoneal Fibrosis Presenting as Pancreatic Pseudotumor	Vancouver General Hospital. Medical Grand Rounds	July 2000
3	Approach to the Diagnosis and Management of Systemic Vasculitis	Vancouver, British Columbia Internal Medicine: Academic Halfday	January 2001
4	New Horizons in Arthritis Management	Royal Inland Regional General Hospital. Kamloops, British Columbia Grand Rounds	February 2001
5	Approach to Systemic Lupus Erythematosus	Kamloops, British Columbia Sun Peaks Annual CME	March 2001
6	Therapeutic Interventions for People with Arthritis	Coquitlam, British Columbia Arthritis Society, BC and Yukon Division: Patient Advocacy Group	June 2001
7	Therapeutic Intervention for Osteoarthritis	MSA Hospital, Abbotsford, British Columbia Grand Rounds	July 2001
8	Case Presentations and Joint Injection Techniques	Banff, Alberta Canadian Society of Internal Medicine Annual Meeting	October 2001
9	Cytokine Directed Therapy in Rheumatic Diseases	Banff, Alberta Canadian Society of Internal Medicine Annual Meeting	October 2001
10	Impact of Rheumatoid Arthritis on Family Members	Richmond, British Columbia Richmond Patient Advocacy	December 2001

		Group	
11	Interferon Induced Polyarthritis: Case Presentation and Review of the Literature	Vancouver, British Columbia Rheumatology City-Wide Rounds	January 2002
12	Viscosupplementation : A Major Addition in the Therapy of Osteoarthritis of the Knee? The Royal College Debate	Lake Louise, Alberta Canadian Rheumatology Association Annual Meeting	February 2002
13	Joint Injection Techniques	Vancouver, British Columbia 37 th Annual University of British Columbia Postgraduate Update in Family Medicine	March 2002
14	Rheumatoid Arthritis in the New Millennium	Delta, British Columbia Noon Rounds Delta Hospital	March 2002
15	Kimura's Disease: Case Report and Review of the Literature	Vancouver, British Columbia Intercity Rheumatology Rounds	September 2002
16	Reflex Sympathetic Dystrophy	Vancouver, British Columbia 38 th Annual University of British Columbia Postgraduate Update in Family Medicine	February 2003
17	Osteoarthritis: Case Presentation and Update on Therapy	Vancouver, British Columbia Vancouver General Hospital Department of Medicine Grand Rounds	June 2003
18	Rheumatoid Arthritis: New Innovations in Therapy	Vancouver, British Columbia University of British Columbia, Department of Geriatrics Monthly Rounds	June 2003
19	Update on Innovative Therapies in Rheumatoid Arthritis	Vancouver British Columbia University of British Columbia, Division of Physiatry, Monthly City Wide Rounds	February 2004
20	Treatment of Rheumatic Disease in the Face of Chronic Viral Hepatitis	Vancouver British Columbia University of British Columbia, Division of Rheumatology City Wide Rounds	March 2004
21	Osteoporosis Workshop	Kamloops, British Columbia 'Sun Peaks' Family Practice Update in Internal Medicine	March 2004
22	Osteoporosis Update	Cranbrook, British Columbia Grand Rounds	January 2005
23	Case Presentation: Rheumatoid Discitis Presenting with Spastic Paraparesis	Kelowna, British Columbia Western Alliance of Rheumatologists	May 2004
24	Early Rheumatoid Arthritis: Early Recognition and Intervention	Vancouver, British Columbia 40 th Annual Postgraduate Update in Primary Care	Feb 2005
25	Approach to Inflammatory Joint Disease	Arthritis Society Annual Allied	April 2005

		Heath Professional Update	
26	Early Rheumatoid Arthritis- The Need for Early Disease Intervention	Vancouver British Columbia University of British Columbia, Division of Rheumatology City Wide Rounds	April 2005
27	Summer Perils of the Rheumatologist	Vancouver British Columbia University of British Columbia, Division of Rheumatology City Wide Rounds	August 2005
28	Joint Injection Techniques	Vancouver, British Columbia 41 st Annual Postgraduate Update in Primary Care	February 2006
29	Approach to the Rheumatic Diseases	Arthritis Society Annual Allied Heath Professional Update	March 2006

9.1 SERVICE TO THE UNIVERSITY

(a) Memberships on committees, including offices held and dates

Committee	Position Held	Dates
Division of Rheumatology Postgraduate Committee	member	September 2005 - present

(b) Other service to the University, including dates

9.2 SERVICE TO THE HOSPITAL

(a) Memberships on committees, including offices held and dates

Program	Committee	Office Held	Dates
Arthritis Society BC and Yukon Division	Medical Advisory	Physician member	2004 - Present
GF Strong Rehab Centre	Clinical Standards	Arthritis program representative	2004 - Present

(b) Other Service to the Hospital, including dates

10. SERVICE TO THE COMMUNITY

(a) Memberships in professional and/or scholarly societies, including offices held and dates

Society	Dates	Position
Royal College of Physicians and	2000 - Present	Physician member

Surgeons of Canada		
Canadian Medical Association	2000 - Present	Physician member
Canadian Rheumatology Association	2001 - Present	Physician member
Northwest Rheumatism Association	2002 - Present	Physician member
BC Society of Rheumatology	2002 - Present	Physician member

(b) Other Service to the Community, including dates

Date	Group / Committee	Position
2004 - Present	Specialty Committee in Rheumatology Royal College of Physicians and Surgeons of Canada	Region 1 Representative
2005	Working group for development of guidelines in the management of rheumatoid arthritis British Columbia Medical Association	Rheumatologist working group member

11. **AWARDS AND DISTINCTIONS** (Indicate whether award is for Teaching, Scholarship, Service or Other. Indicate name of award, awarding organization, date)

12. OTHER RELEVANT INFORMATION (Maximum One Page)

University of British Columbia Publications Record

1. **SURNAME** :Watterson

FIRST NAME: John

MIDDLE NAME(S): Robert

2. **PUBLICATIONS** (Indicate whether Refereed or Non-Refereed Publication or Book. Indicate whether Journal Article, Conference Proceeding or Other)

Refereed Publication

1	Mcdermid KP, Watterson JR , van Eden SF. Emphysematous Pyelonephritis: A Case Report and a Review of the
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	Literature. Diabetes Research and Clinical Practice 1999; 44: 71-5.
2	Watterson JR , Esdaile JM. Viscosupplementation: A Review of the Mechanisms and the Clinical Potential in Osteoarthritis of the Knee. Journal of the American Academy of Orthopaedic Surgeons 2000; 8(5): 277-84.
3	

Non-Refereed Publication

1	Watterson JR , Wade JP. Keys to Diagnosing Inflammatory Arthritis. The Canadian Journal of Continuing Medical Education 1999; 11: 93-104.
2	Watterson JR , Wade JP. Ten Most Important Questions in the Approach to Rheumatoid Arthritis. Canadian Journal of Continuing Medical Education 2003;3:111-22.
3	

Published Abstract

1	Watterson JR , Klinkhoff AV. The Role of Intermittent Pulsed Cyclophosphamide in the Treatment of Refractory Rheumatoid Arthritis: Two Case Reports and a Review of the Literature. (Presented at the Canadian Rheumatology Association annual meeting, Lake Louise, February 2000; published in abstract form in Journal of Rheumatology 2000).

Web Published Articles

1	Watterson J , Blocka K, , Koehler BE. Peri-operative use of disease-modifying agents. October 2004. Canadian Rheumatology Association web site