

Curriculum Vitae

Darius Viskontas
B.Sc., M.D., FRCSC

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Personal Information

Office Address: 207-301 Columbia St. East, New Westminister, B.C. V3L 3W5
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Birth: December 16, 1974, Toronto, Ontario
Citizenship: Canada

Education

Orthopaedic Surgery Fellowship in Trauma
August 2006 – July 2007
Harborview Medical Center, University of Washington, Seattle, Washington

Orthopaedic Surgery Fellowship in Knee Arthroplasty and Arthroscopy
January – July 2006
Royal North Shore Hospital, Sydney, Australia

Orthopaedic Surgery Fellowship in Sports Medicine
July – December 2005
Adidas Sport Medicine, Auckland, New Zealand

Orthopaedic Surgery Resident Training Program
July 2000 – June 2005
University of Western Ontario, London, Ontario

Doctorate of Medicine
September 1996 – June 2000
University of Ottawa, Ottawa, Ontario

Bachelor of Science with High Distinction
September 1993 – May 1996
University of Toronto, Toronto, Ontario

Hospital Positions

Orthopaedic Surgeon – Trauma and Lower Extremity Reconstruction
Royal Columbian Hospital, New Westminister, B.C.

August 2007 - Present

Orthopaedic Surgeon – Trauma and Lower Extremity Reconstruction
Eagle Ridge Hospital, Port Moody, B.C.
August 2007 – Present

Academic Positions

Clinical Faculty Representative
Department of Orthopaedic Surgery
University of British Columbia, Vancouver, BC
January 2009 - present

Clinical Instructor
Department of Orthopaedic Surgery
University of British Columbia, Vancouver, BC
April 2008 - Present

Acting Instructor
Department of Orthopaedic Surgery
University of Washington, Seattle, WA
August 2006 – July 2007

Licenses and Certification

Cardiopulmonary Resuscitation Recertification, August 2008

College of Physicians and Surgeons of British Columbia (No. 275920, August 2007 - present)

State of Washington Department of Health (No. MD00046990), August 2006 – July 2007

Centers for Medicare and Medicaid Services, United States Department of Health and Human Services (NPI:1528173259)

Drug Enforcement Administration, United States Department of Justice (No. BV9934161), August 2006 – May 2009

New South Wales Medical Board (No. MPO 351974), January – July 2006

Medical Council of New Zealand (No. 40199), July – December 2005

College of Physicians and Surgeons of Ontario (No. 74932), July 2000 – June 2005

Fellow of the Royal College of Surgeons of Canada (No. 580690), July 2005 - present

AO ASIF Principles of Fracture Management, November 2002

Advanced Trauma Life Support – Instructor Certification, September 2002

Principles of Surgery Examination, Royal College of Physicians and Surgeons of Canada, May 2002

Licentiate of the Medical Council of Canada (No. 91145) (Step 1, 2), December 2001

United States Medical Licensing Examination Steps 1, 2, 3 (No. 4-074-952-5), November 2001

Advanced Trauma Life Support - Certification, November 2000

Advanced Cardiac Life Support - Certification, May 2000

Awards and Scholarships

Award for Excellence in Orthopaedic Resident Teaching, University of British Columbia. Academic Year 2009 / 2010

Runner Up for J.A. Nutter Award for Best Paper - Viskontas DG, Skriskas TV, Chess DG, Johnson JA, King GJW. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Canadian Orthopaedic Residents' Association 30th Annual Conference, Toronto, Ontario. November 2004.*

W.H. Bailey Award for Best Research Paper - Viskontas DG, Skriskas TV, Chess DG, Johnson JA, King GJW. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Thirty-second Clinical Seminar in*

Orthopaedic Surgery. University of Western Ontario. London, Ontario. September 2004.

Best Poster Presentation in Applied Science - Application of an Intra-Operative Load Measuring System for Knee Replacement Surgery. Skrinikas TV, Viskontas DG, Ferreira LM, Chess DG, Johnson JA. *Canadian Arthritis Network Conference, Montreal, 2003*

Highest Standing in Surgery, University of Ottawa, 1999

Medical Research Council Research Studentship, 1998

Silver Medal, University of Toronto, St. Michael's College, 1996

University of Toronto Dean's List, 1995, 1996

University of St. Michael's College Scholarship, 1995

Lithuanian Canadian Foundation Scholarship, 1993-1998

Lithuanian Labdara Foundation Scholarship, 1993-1998

Memberships and Associations

Orthopaedic Trauma Association Active Member, October 2008 - present

British Columbia Orthopaedic Association, April 2008 - present

British Columbia Medical Association, October 2007 - present

American Medical Association, August 2006 – July 2007

Fellow of the Royal College of Surgeons of Canada, July 2005 - present

American Academy of Orthopaedic Surgeons (International Affiliate Member), July 2000 - present

Canadian Orthopaedic Association, July 2000 - present

Canadian Medical Association, July 2000 - present

Ontario Medical Association, 2000 – 2007

New South Wales Medical Board (No. MPO 351974), January – July 2006

Medical Council of New Zealand (No. 40199), July – December 2005

College of Physicians and Surgeons of Ontario (No. 74932), July 2000 – June 2005

Professional Association of Internes and Residents of Ontario (PAIRO), July 2000 – June 2005

Canadian Orthopaedic Residents' Association – July 2000 – June 2005

Research Publications and Presentations

Peer Reviewed Publications

Viskontas DG, Nork SE, Barei DP, Dunbar R. Technique of reduction and fixation of the unicondylar medial Hoffa fracture. *American Journal of Orthopedics*. 2010 September; Volume XXXIX Number 9: 424-428

Viskontas DG, Beingessner DM, Nork SE, Agel J. Monteggia type 2D fracture-dislocations: pattern of injury, surgical technique and outcome. *Submitted for publication to Journal of Orthopedic Trauma*.

Servien E, Giuffre B, Viskontas D, Coolican M, Parker D. Reliability of bone landmarks in revision total knee arthroplasty. *Knee Surg Sports Traumatol Arthrosc*. 2008 Mar;16(3):263-9.

Viskontas DG, Giuffre B, Duggal N, Graham D, Coolican M, Parker D. Bone Bruises associated with ACL rupture: detailed analysis and correlation with injury mechanism. *Am J Sports Med*. 2008 May;36(5):927-33.

Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. *Journal of Arthroplasty*. 2007 Apr;22(3):334-42.

Viskontas DG, MacLeod MD, Sanders DW. High tibial osteotomies using a computer-assisted ring external fixator. *Canadian Journal of Surgery*. August 2006 49(4):245-50.

Viskontas DG, MacDermid JC, Drosdowech DC, Garvin JG, Romano WM, Faber KJ. Reliability and comparison of acromion assessment techniques on X-ray and magnetic resonance imaging (reliability of acromion assessment techniques). *Canadian Association of Radiologists' Journal*. 2005 October 56(4):238-44.

Howard AW, Viskontas DG, Sabbagh C. Reduction in osteomyelitis and septic arthritis related to Haemophilus Influenza Type B vaccination. *Journal of Pediatric Orthopedics*. 1999 November – December; 19(6):705-9.

Review Articles

Parker D, Viskontas D. Osteotomies for the early varus arthritic knee. *Sports Medicine and Arthroscopy*. 2007 Mar;15(1):3-14. Review.

Published Abstracts

Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. *4th Annual Meeting of Computer Assisted Orthopaedic Surgery - International Proceedings*. Chicago, June 2004.

Skrinskas TV, Viskontas DG, Ferreira L, Chess DG, Johnson JA. Application of an Intra-operative Load Measuring System for Knee Replacement Surgery. *Medical Image Computing and Computer-Assisted Intervention*, 2003.

Presentations

Tibial Plafond Fractures, Instructional Course Lecture. Canadian Orthopaedic Association Annual Conference, Edmonton, Alberta, June 2010.

Viskontas DG, **Beingessner DM**, Nork SE, Agel J. Monteggia type 2D fracture-dislocations: pattern of injury, surgical technique and outcome. *Canadian Orthopaedic Association Annual Conference, Whistler, Canada*. July 2009.

Viskontas DG. Can I ski with my metal and plastic knee? High Impact Sports after Total Knee Arthroplasty. *Monashee Medical Update, Monashee, Canada March 2009.*

Servien E, Viskontas D, Giuffre B, Coolican M, Parker D. Reliability of bone landmarks in revision total knee arthroplasty. *7th Biennial ISAKOS Congress. Osaka, Japan. April 2009.*

Servien E, Viskontas D, Parker D, Neyret P. Reliability of bone landmarks in revision total knee arthroplasty. *2nd European Advanced Course on Knee Arthroplasty. Lyon, France. September 2006.*

Viskontas DG, Giuffre B, Duggal N, Graham D, **Coolican M,** Parker DA. "Bone Bruises" associated with ACL rupture: detailed analysis and correlation with injury mechanism. *Asia Pacific Orthopaedic Society for Sports Medicine. Christchurch, New Zealand. August 2006.*

Viskontas DG, Skrinkas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. *51st Annual Meeting of the Orthopaedic Research Society. Washington, D.C., U.S.A. February 2005. (poster)*

Viskontas DG, Skrinkas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Department of Surgery Research Day. University of Western Ontario, London, Ontario. November 2004.*

Viskontas DG, Skrinkas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty – Will it make the cut? *Canadian Orthopaedic Residents' Association 30th Annual Conference. Toronto, Canada. November 2004.*

Viskontas DG, **McCalden R,** Skrinkas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. *11th Meeting of the Combined Orthopaedic Associations. Sydney, Australia. October 2004.*

Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. Lateral acromion angle: Do x-ray and MRI interpretations correlate and is it a reliable method of acromion morphology assessment? *11th Meeting of the Combined Orthopaedic Associations. Sydney, Australia. October 2004. (poster)*

Viskontas DG, Skrinkas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty (Part

II) – Will it make the cut? *Thirty-second Clinical Seminar in Orthopaedic Surgery. University of Western Ontario. London, Ontario. September 2004.*

Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. *Canadian Orthopaedic Association. Calgary, Alberta. June 2004. (poster)*

Viskontas DG, Skrinskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Computer assisted gap equalization (CAGE) in total knee arthroplasty. The Fourth Annual Conference of the International Society for *Computer Assisted Orthopedic Surgery. Chicago, Illinois. June 2004.*

Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. Lateral acromion angle: Do x-ray and MRI interpretations correlate and is it a reliable method of acromion morphology assessment? *International Congress on Surgery of the Shoulder. Washington DC. May 2004. (poster)*

Skrinskas TV, Viskontas DG, Ferreira LM, King GJW, Johnson JA, Chess DG. The effect of sub-physiologic loading on the medial-lateral load balance following knee arthroplasty: an in-vitro model. *Orthopaedic Research Society Annual Meeting. San Francisco, California. March 2004. (poster)*

Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. Lateral acromion angle: Do x-ray and MRI interpretations correlate and is it a reliable method of acromion morphology assessment? *Sports Medicine 2004 Conference, Ontario Medical Association. Toronto, Ontario. January 2004.*

Skrinskas TV, Viskontas DG, Chess DG, Johnson JA, King GJW. Application of a new intra-operative load measuring system to assist ligament balancing and implant alignment in knee replacement surgery. *Sister Mary Doyle Research Day, University of Western Ontario. March 2003.*

Skrinskas TV, Viskontas DG, Chess DG, Johnson JA, King GJW. Application of a new intra-operative load measuring system in knee replacement surgery. *Society of Graduate Students Research Forum, University of Western Ontario. April 2003.*

Skrinskas TV, Viskontas DG, Ferreira LM, Chess DG, Johnson JA. Application of a load alignment system in knee replacement surgery. *Medical Image Computing and Computer Assisted Intervention. Montreal, Quebec. November 2003. (poster)*

Skrinskas TV, Viskontas DG, Ferreira LM, Chess DG, Johnson JA. Application of a load alignment system in knee replacement surgery. *Canadian Arthritis Network Annual Conference. Montreal, Quebec. November 2003. (poster)*

Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. Lateral acromion angle: Do x-ray and MRI interpretations correlate and is it a reliable method of acromion morphology assessment? *Canadian Orthopaedic Association. Winnipeg, Manitoba. October 2003. (poster)*

Viskontas DG, Skriniskas TV, Chess DG, Johnson JA, King GJW, Winemaker MJ. Load alignment system in total knee arthroplasty. *Thirty-first Clinical Seminar in Orthopaedic Surgery. University of Western Ontario. London, Ontario. September 2003.*

Viskontas DG, MacDermid JC, Faber KJ, Drosdowech DS, Garvin GJ, Romano WM. Lateral acromion angle: Is it the same on x-ray and MRI. *Thirtieth Clinical Seminar in Orthopaedic Surgery. University of Western Ontario, London, Ontario. September 2002.*

Viskontas DG, MacLeod MD, Sanders DW. Efficacy of the Taylor Spatial Frame in correction of tibial deformities. *Canadian Orthopaedic Residents' Association 28th Annual Meeting. Winnipeg, Manitoba, September 2002.*

Viskontas DG, MacLeod MD, Sanders DW. Efficacy of the Taylor Spatial Frame in correction of tibial deformities. *Twenty-ninth Clinical Seminar in Orthopaedic Surgery. University of Western Ontario, London, Ontario. September 2001.*

Howard AW, Viskontas DG, Sabbagh C. Decline in Haemophilus Influenza Type B bone and joint infections in the post-vaccine era. *Canadian Orthopedic Association. Saint John's, Newfoundland. July 1999.*

Howard AW, **Viskontas DG**, Sabbagh C. Decline in Haemophilus Influenza Type B bone and joint infections in the post-vaccine era. *Department of Surgery Annual Research Symposium. Children's Hospital of Eastern Ontario. Ottawa, Ontario. June 1999.*

Teaching Experience

Program Director and Speaker
Mountain Medical Society of British Columbia Annual Conference
Retallack, BC
March 2011

Instructor and Lecturer
AO North America Operating Personnel Advanced Course
Seattle, WA
November 2010

Program Director and Speaker
Mountain Medical Society of British Columbia Annual Conference
Retallack, BC
March 2010

Program Director and Speaker
Monashee Medical Update
Monashee, BC
March 2009

Clinical Instructor
Department of Orthopaedic Surgery
University of British Columbia, Vancouver BC
April 2008 - present

Speaker
Trauma Section
University of British Columbia Ortho Update
Vancouver, BC
May 2008

Instructor and Lecturer
AO North America Operating Personnel Advanced Course
Vancouver, B.C
March 2008

Clinical Instructor
Department of Orthopaedics and Sports Medicine
University of Washington
August 2006 – July 2007

Laboratory Instructor
Advanced Knee Arthroscopy Course, Course Instructor, Northern Clinical Skills
Laboratory, Sydney, Australia, May 2006

Clinical teaching of medical students and residents
Schulich School of Medicine, University of Western Ontario 2000 – 2005
Identified by students as an “outstanding teacher” and have received four letters
of recognition from staff.

Instructor
Advanced Trauma Life Support
2004 – 2 courses, 2003 – 2 courses, 2002 – 1 course

Instructor

Introduction to Surgery Course for Junior Surgical Residents
University of Western Ontario, 2002

Reviewer for Journals

Journal of Orthopedic Trauma
November 2008 to present

American Journal of Sports Medicine
July 2009 to present

Continuing Medical Education

Mountain Medical Society of British Columbia Annual Update
Retallack, British Columbia, March 2011

Canadian Foot and Ankle Society Symposium
Vancouver, British Columbia, January 2011

Canadian Orthopaedic Association Annual Conference
Edmonton, Alberta, June 2010

Wilderness Medicine Conference
Mount Everest Base Camp, Nepal April 2010

Mountain Medical Society of British Columbia Annual Update
Retallack, British Columbia, March 2010

Orthopaedic Trauma Association Annual Conference
San Diego, California, October 2009

Monashee Medical Update
Monashee, BC, March 2009

Essential of External Fixation (Taylor Spatial Frame) Course
Scottsdale, Arizona, January 2009

Oxford Partial Knee Instructional Course
San Diego, California, November 2008

Orthopedic Trauma Association Annual Conference
Denver, Colorado, October 2008

18th Annual Baltimore Limb Deformity Course
Baltimore, Maryland, September 2008

Canadian Orthopaedic Association Annual Conference
Quebec City, Quebec, June 2008

University of British Columbia Ortho Update
Vancouver, British Columbia, May 2008

AO North America Northwest Regional Fracture Summit
Seattle, Washington, June 2007

American Academy of Orthopaedic Surgery Annual Meeting
San Diego, California, February 2007

Advanced Knee Arthroscopy Course
Northern Clinical Skills Laboratory, Royal North Shore Hospital
Sydney, Australia, May 2006

Canadian Orthopaedic Resident Forum
Calgary, Alberta, May 2005

St. Justine Annual Paediatric Orthopaedic Surgery Review Course
Montreal, Quebec, 2005

Canadian Orthopaedic Association – Annual Basic Science Course
Ottawa, Ontario, 2004

Canadian Orthopaedic Residents Association 30th Annual Conference
Toronto, Ontario, 2004

Computer Assisted Orthopedic Surgery International Conference
Chicago, Illinois, 2004

International Congress on Surgery of the Shoulder
Washington, DC, 2004

Sixth Biennial Foot and Ankle Symposium - University of Toronto
Toronto, Ontario, 2004

Sport Medicine 2004 Conference – Ontario Medical Association
Toronto, Ontario, 2004

Advanced Trauma Life Support Instructor Course

London, Ontario, 2002

AO ASIF Principles of Fracture Management
Toronto, Ontario, 2002

Canadian Orthopaedic Residents Association 28th Annual Conference
Winnipeg, Manitoba, 2002

Canadian Orthopaedic Residents Association 27th Annual Conference
Montreal, Quebec, 2001

Canadian Orthopaedic Association 56th Annual Meeting
London, Ontario, 2001

Canadian Orthopaedic Residents Association 26th Annual Conference
London, Ontario, 2000

Advanced Trauma Life Support
London, Ontario, 2000

References

Available on request.