

**University of British Columbia
Curriculum Vitae for Faculty Members**

Date: January 22, 2011

Initial:

FIRST NAME: Mark

MIDDLE NAME(S): Dwight

1. SURNAME: Adrian

2. DEPARTMENT/SCHOOL: Medicine/Physical Medicine & Rehabilitation

3. FACULTY: Medicine

JOINT APPOINTMENTS:

4. PRESENT RANK: Clinical Assistant

SINCE: July 1, 2009

5. POST-SECONDARY EDUCATION

(a)

University or Institution	Degree	Subject Area	Dates
University of Saskatchewan/University of Manitoba	BSc.	Physiotherapy	1984-1987
University of Manitoba	MD		1989-1993

(b) Title of Dissertation and Name of Supervisor

(c) Continuing Education or Training

	University or Institution	Rank or Title	Dates
1	University of British Columbia	Family Practice Residency	1993 - 1995
2	University of Texas	Physical Medicine and Rehabilitation Residency	1995-1997
3	University of British Columbia	Physical Medicine and Rehabilitation Residency	1997-1998
4	Mayo Clinic, Rochester, MN	Sub-specialty Fellowship Training - Spine, Musculoskeletal & Occupational Medicine	1999-2000

(d) Continuing Medical Education

(e) Professional Qualifications

- 1 Canadian College of Family Practitioners Certification Exam (CCFP), 1995
- 2 British Columbia Provincial Medical License, 1995
- 3 Royal College of Physicians and Surgeons of Canada PM & R Boards (FRCP), 1998
- 4 American Academy of PM & R Board Exam, 2000
- 5 American Board of Physical Medicine Sub-specialty in Pain Medicine Certification, 2004

6. EMPLOYMENT RECORD

Prior

University, Company or Organization	Rank or title	Dates
VGH, GF Strong Site	Clinical Associate	1998-1999
Workers' Compensation Board	Rehabilitation Consultant	2001-2002

Present

University, Company or Organization	Rank or title	Dates
VGH, Spine Centre, Dept. of Orthopedics & Div. of Physical Medicine	Associate Staff	2001-present
Burnaby General Hospital, Musculoskeletal Medicine & Interventional Spinal Medicine	Staff	2001-present
Workers' Compensation Board	Rehabilitation Consultant	2009-present
Cambie Surgical Center, Interventional Spinal Medicine	Staff	2003-present

c) Date of granting tenure at UBC:

7. LEAVES OF ABSENCE

University, Company Or Organization at which Leave was taken	Type of Leave	Dates
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8. TEACHING

(a) Areas of special interest and accomplishments

- 1 Musculoskeletal Medicine
- 2 Spine Rehabilitation
- 3 Sports Medicine

(b) Courses Taught at UBC:

Year	Session	Course Number	Scheduled Hours	Class Size	Hours Taught			
					Lecture	Tutorials	Labs	Other

(c) Graduate Students supervised at UBC:

Student Name	Program Type	Year		Principal Supervisor	Co-Supervisors
		Start	Finish		

(d) Continuing Education Activities

- 1 1999 Evidence Based Musculoskeletal Rehabilitation, Mayo Clinic
- 2 1999 Spinal Injection Procedures, Mayo Clinic
- 3 1999 American Academy of PM & R General Meeting
- 4 1999 American Academy of PM & R, Injection Procedures
- 5 1999 - 2007 Resident Teaching Half/Days, Faculty of Physical Medicine UBC Vancouver
- 6 2000 Functional Rehabilitation in Sports Medicine, Rehabilitation Institute of Chicago
- 7 2000 Physical Exam of the Low Back and Hip, Mayo Clinic
- 8 2001 North American Spine Society Meeting
- 9 2001 Physiatric Association of Spine, Sports and Occupational Rehabilitation Medicine Meeting, Rehab Institute of Chicago
- 10 2001 International Spine Injection Meeting
- 11 2003 Rehabilitation of the Spine, Prague, CK
- 12 2004 North American Spine Society Annual Meeting San Diego , CA
- 13 2005 International Spinal Injection Society, Annual Meeting, NY, NY
- 14 2006 North American Spine Society Annual Meeting, Seattle, WA
- 15 2006 Rehabilitation of the Spine, Vancouver, BC

- 16 2006 American Academy of Pain Medicine Meeting, San Diego, CA
- 17 2007 American Academy of PMR Annual Meeting , Boston MA.
- 18 2007 American Academy of Orthopedic Sports Medicine Annual Meeting, Calgary, AB
- 19 2008 Update on Disorders of the Spine, Whistler . BC
- 20 2008 North American Spine Society Meeting, Toronto, Canada
- 21 2008 International Spinal Injection Radiology Meeting
- 22 2009 Ultrasound guided injection Course, Toronto , Canada
- 22 2009 North American Spine Society Meeting, San Francisco, US
- 23 2009 Hip and Knee Disorders, Vancouver , Canada
- 24 2010 Cadaver Anatomy Course , Bittleford, Maine
- 25 2010 MSK Ultrasound Course, Montreal
- 26 2010 International Pain Meeting, Montreal
- 27 2010 Radiographic Anatomy Course, San Francisco
- 28 2010 Functional MSK Rehabilitation, San Diego

(e) Visiting Lecturer (indicate university/organization and dates)

- 1 2000 Mayo Clinic Medical School, Physical Exam Techniques in Musculoskeletal Medicine
- 2 2000 Mayo Clinic Medical School, Approach to Low Back and Hip Disorders
- 3 2000 UBC, Department of Family Practice, Case Presentations in Rehabilitation Medicine
- 4 2009 Department of Medical Imaging, Burnaby General Hospital, Imaging Guided Injections

(f) Other

9. SCHOLARLY AND PROFESSIONAL ACTIVITIES

(a) Areas of special interest and accomplishments

- 1 2004-2009 Selective Nerve Root Block in Acute Lumbar Radiculopathy

(b)+(c) Research or equivalent grants/contracts (indicate under COMP whether grants were obtained competitively (C) or non-competitively (NC))

Grant

Granting Agency	Subject	COMP	\$ Per Year	Year	Principal Investigator	Co-Investigator(s)
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Contract

**Granting
Agency**

Subject

COMP

\$ Per Year

Year

**Principal
Investigator**

Co-Investigator(s)

Salary Support Award

Granting Agency	Subject	COMP	\$ Per Year	Year	Principal Investigator	Co-Investigator(s)
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(d) Invited Presentations

- 1 2001 Emergency Rounds, Burnaby General Hospital, Management of Acute Radiculopathy, Presenter
- 2 2002 Problematic Diagnosis, Workers' Compensation Board of BC

(e) Other Presentations

- 1 2000 Dept. of PM & R, Mayo Clinic, Radiology of the Lumbar Spine
- 2 2000 Dept. of PM & R, Mayo Clinic, Radiology of the Cervical Spine
- 3 2000 Approach to Low Back Pain in Adults, Mayo Clinic
- 4 2000 Biomechanics of Lateral Epicondylitis, Mayo Clinic Sports Medicine Department
- 5 2001 Division of PM & R, Resident Teaching Seminars, Approach to Sports Medicine
- 6 2001 Division of PM & R, Resident Teaching Seminars, Radiology of MSK Disorders
- 7 2002 Selective Nerve Root Blocks, UBC Sports Medicine Department
- 8 2002 Acute Radiculopathy, Department of Family Practice Annual Meeting, UBC
- 9 2003 Lumbar Facet Pain, Division of Physical Medicine, UBC
- 10 2005 Acute Radiculopathy, Dept. of Orthopedics Annual Meeting, UBC
- 11 2006 Sacroiliac Joint Pain, Review of the Literature, Div of PM&R, UBC
- 12 2007 Facet Pain, Review of the Literature, Div of PM&R, UBC
- 13 2008 Musculoskeletal Course Instructor, Year Two Medical Students
- 14 2009 Lumbar Spinal Pain, Division of PM & R, Resident Teaching Seminars
- 15 2009 Division of PM & R, Resident Teaching Seminars, Radiology of the Spine
- 16 2009 Musculoskeletal Course Instructor, Year Two Medical Students
- 17 2010 Musculoskeletal Course Instructor, Year Two Medical Students
- 18 2010 Atypical Radiculopathy, Div of PM&R, UBC
- 19 2011 Division of PM & R, Resident Teaching Seminars, MRI Radiology of the Spine

(f) Other

(g) Conference Participation (Organizer, Keynote Speaker, etc.)

- 1 1999 Mayo Clinic, Department of PM & R, Resident Clinical Case Seminars, Organizer
- 2 2000 Mayo Clinic, Dept. of Orthopedics and PM & R, Sports Medicine Conference, Speaker
- 3 2001 Division of Rehabilitation Medicine, City Wide Rounds, Presenter
- 4 2002 Department of Family Practice, UBC, 37th Annual Review Meeting, Speaker (March 2002)

10.1 SERVICE TO THE UNIVERSITY

(a) Memberships on committees, including offices held and dates

(b) Other service, including dates

- 1 2001 Spinal Research Committee, Department of Orthopedics
- 2 2010 Continuing Professional Development Coordinator- Division of PMR

10.2 SERVICE TO THE HOSPITAL

(a) Memberships on committees, including offices held and dates

(b) Other service, including dates

11. SERVICE TO THE COMMUNITY

(a) Memberships on scholarly societies, including offices held and dates

- 1 Royal College of Physicians and Surgeons

(a) Memberships on scholarly societies, including offices held and dates (International)

- 3 International Spinal Injection Society
- 4 American Academy of PM & R

- 5 North American Spine Society

(g) External examiner (indicate universities and dates)

- 6 March 1999 Resident OSCE Exam, Division of PM & R, UBC
- 7 March 2001 Resident OSCE Exam, Division of PM & R, UBC

(h) Consultant (indicate organization and dates)

- 8 July 2000 - present Worker's Compensation Board of BC

12. AWARDS AND DISTINCTIONS

(a) Awards for Teaching (indicate name of award, awarding organizations, date)

- 1 Duncan Murray Award of Teaching Excellence, 1999, Division of PM & R, UBC

13. OTHER RELEVANT INFORMATION (Maximum One Page)

Currently I am involved with Clinical and Academic teaching of UBC residents and fellows in the area of musculoskeletal and spine medicine.

