

**MARK ADRIAN M.D. F.R.C.P.C.**  
**Division of Physical Medicine and Rehabilitation**  
**Department Of Orthopedics**  
**University of British Columbia**

Spine and Musculoskeletal Clinic  
# 418 – 1770 West 7<sup>th</sup> Avenue  
Vancouver, BC V6J 4Y6

Phone: 604 742-9940  
Fax: 604-742-9950

**MEDICAL EDUCATION**

**POST GRADUATE**

Sub-specialty Fellowship - Spine , Musculoskeletal and Occupational Medicine 1999 –2000  
Department of Physical Medicine and Rehabilitation  
Mayo Clinic, Rochester, MN

Physical Medicine and Rehabilitation Residency 1997 – 1998 F.R.C.P.  
University of British Columbia, Vancouver BC  
Canada

Physical Medicine and Rehabilitation Residency 1995 – 1997  
University of Texas at San Antonio  
San Antonio TX 7284 – 7798  
USA

Family Practice Residency 1993 - 1995 C.C.F.F.  
University of British Columbia, Vancouver BC  
Canada

**UNDERGRADUATE**

Faculty of Medicine 1989 - 1993  
University of Manitoba, Winnipeg Manitoba  
Canada

**PHYSICAL THERAPY EDUCATION**

Faculty of Physical Therapy 1987 Licensed  
University of Saskatchewan, Saskatoon  
Canada

Faculty of Physical Therapy 1984 - 1986  
University of Manitoba Winnipeg Manitoba

## MARK ADRIAN M.D.

### LICENSURE / DIPLOMACY

American Board of Physical Medicine Subspeciality in Pain Medicine Certification	2004
American Academy of PM & R Board Exam	2000
Royal College of Physicians and Surgeons of Canada PM & R Boards (FRCP)	1998
Canadian College of Family Practitioners Certification Exam (CCFP)	1995
British Columbia Provincial Medical License	1995

### PROFESSIONAL PRACTICE / APPOINTMENTS

Vancouver Spine Clinic, Vancouver General Hospital Associate Staff Department of Orthopedics & Division of Physical Medicine University of British Columbia, V.G.H. Site	2001-Current
Burnaby General Hospital Staff Interventional Spinal Medicine Burnaby, B.C.	2001- Current
Cambie Surgical Center Staff Interventional Spinal Medicine Vancouver , B.C.	2003-Current
Private Practice Spine, EMG and Industrial Medicine Vancouver, B.C.	2000- Current
Rehabilitation Consultant Worker's Compensation Board Vancouver BC Canada	2001- 2002
University of British Columbia GF Strong Traumatic Brain Unit Vancouver BC Canada	1998 - 1999

## **MARK ADRIAN M.D.**

### **PROFESSIONAL AWARDS**

Duncan Murray Award of Teaching Excellence toward Residents 1999  
Department of Physical Medicine and Rehabilitation UBC

### **PROFESSIONAL TEACHING / PRESENTATIONS**

Management of Acute Radiculopathy, Dept. of Orthopedics, U.B.C. 2004  
Lumbar Facet Pain, Division of Physical Medicine, UBC 2003  
Problematic Diagnosis, Workers' Compensation Board of B.C. 2002  
Selective Nerve Root Blocks, Indications and Expectations, UBC 2002  
Acute Radiculopathy, Department of Family Practice Annual Meeting, UBC 2002  
Biomechanics of Lateral Epicondylitis, Mayo Clinic Sports Medicine Department 2000  
Approach to Low Back Pain in Adults, Mayo Clinic 2000  
Physical Exam of the Low Back and Hip , Mayo Clinic 2000  
Faculty of Physical Medicine UBC Vancouver – Resident Teaching 1999  
Chief Resident UBC– Educational sessions to junior residents 1998  
Medical Student Teaching – Introduction to Clinical Skills 1998

### **ASSOCIATIONS**

American Association of Spine, Sports and Occupational Rehabilitation  
International Spinal Injection Society  
Royal College of Physicians and Surgeons  
American Academy of PM&R